

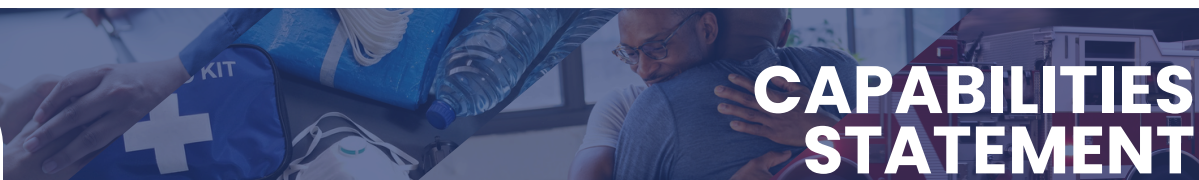


# First Responders Resilience Network

A DBA of T&T Squared LLC

UEI: Q3BBM27E1SN5

CAGE: 14B47



## CAPABILITIES STATEMENT

**Tim Tharp**  
CEO

**Phone**  
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**Email**  
timt@fr-rn.com

**Location**  
Key Largo, FL

### NAICS/PSC CODES

**541990**  
All Other Professional, Scientific, and Technical Services

**611699**  
All Other Miscellaneous Schools and Instruction

**621330**  
Offices of Mental Health Practitioners (except Physicians)

**624190**  
Other Individual and Family Services

**611310**  
Colleges, Universities, and Professional Schools (or a related subcategory)

**541612**  
Human Resources Consulting Services

**U008**  
Education/Training - Training/Curriculum Development

**R499**  
Support- Professional: Other

**Q519**  
Behavioral and Mental Health

### COMPANY OVERVIEW & MISSION STATEMENT

Founded in 2024, First Responders Resilience Network (FRRN) provides online, preventive mental health training specifically designed for first responders. Created by experienced first responders and supported by PhD-level researchers, FRRN delivers data-driven, peer-reviewed programs that meet national standards. Our mission is to proactively prepare first responders to handle trauma and stress beginning at the academy level and continuing throughout their careers, ensuring long-term mental health and operational readiness.

### PAST PERFORMANCE

- **Private Ambulance Company (California):** Delivered online preventative mental health training for a 911-contracted private provider.
- **Metro Fire Department (Northern Virginia):** Provided resilience training to department personnel.
- **Sourcewell Contract:** Completed engagement through national cooperative purchasing network.
- **National Pilot Study:** Conducted large-scale pilot generating substantial data validating program effectiveness.

### CORE COMPETENCIES

- **Academy & Initial Training Integration:** FRRN's programs are designed to be embedded into academy and initial training for recruits, establishing a foundation of resilience and preventative wellness from Day One.
- **Preventative Mental Health Training:** Evidence-based online training modules developed by mental health experts and first responders.
- **Data-Driven Research:** Programs built on peer-reviewed data and outcomes from national pilot studies.
- **Custom Training Development:** Tailored content for law enforcement, EMS, fire departments, and dispatch professionals.
- **Workforce Resilience Programs:** Focused on long-term employee well-being, retention, and readiness at an affordable cost.
- **Consulting & Program Evaluation:** Expert consulting on integrating preventative wellness into agency training programs.

### DIFFERENTIATORS

- **First and Only Preventive Mental Healthcare Program:** FRRN focuses on prevention rather than crisis response.
- **Created by First Responders:** Developed by a retired Battalion Fire Chief and Paramedic with firsthand experience in the challenges of public safety work.
- **Research-Backed Approach:** All programs are built from evidence-based, peer-reviewed methodologies.
- **High-Quality Standards:** Training developed and reviewed by PhD-level researchers to meet national benchmarks.
- **Proactive vs. Reactive Philosophy:** "Being proactive versus reactive" guides every aspect of the company's mission.

### TARGET AUDIENCE

- Federal, state, and local government agencies that employ first responders.
- Training academies and educational institutions preparing new recruits.
- Law enforcement, fire departments, EMS, and dispatch organizations.
- Emergency management and homeland security agencies.
- Healthcare and crisis response organizations.

*"Equipping every First Responder with a comprehensive program of preventative and resilience-building strategies, ensuring they have the essential tools to effectively handle the challenges of their demanding and vital work."*